

Recommended Reading

Natural Childbirth The Bradley Way

Husband Coached Childbirth 5th Edition

The Womanly Art of Breastfeeding

The Thinking Woman's Guide to a Better Birth

Gentle Birth, Gentle Mothering

The Birth Book

Any of her books!

Susan McCutcheon

Robert A. Bradley, MD

La Leche League

Henci Goer

Sarah J. Buckley, MD

Sears & Sears

Ina May