

Birth Plan

Introduction

Name:

Due Date:

Primary caregiver:

Birth Setting:

Ourselves:

Important wishes/concerns:

Managing Labor Pain

Normal Labor and Birth

First Stage:

Second Stage:

Third Stage:

Unexpected Events

Induction/prolonged/complicated labor:

Cesarean birth:

Premature or sick baby:

Still birth or death of baby:

Post Partum Stay

Concerns and Questions:

Visitors:

Controlling Pain:

Educational Needs:

Follow-up after discharge: